

## Physical Control or Restraint Policy

**Type:** Policy  
**Status:** Non-Statutory

### Issue Status:-

Date	Version	Comment	Owner
20 <sup>th</sup> May 2014	1	Original document	Geoff Walls

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TDA Home > Staff Home > Controlled Documents

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**Verified:** Geoff Walls 1<sup>st</sup> June 2014  
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**Approved:** Directorate 3<sup>rd</sup> September 2014  
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Available publicly on Website: Y/N

**Review Date:** June 2016

## **Restraint - Legislative Guidance**

The use of reasonable force should always be a last resort for teachers and associate staff but, where necessary, reasonable force can be used to control or restrain students.

The Education and Inspections Act 2006 enables school staff to use "such force as is reasonable in the circumstances to prevent a pupil from doing or continuing to do" any of the following:

- committing any offence (or, for a pupil under the age of criminal responsibility, what would be an offence for an older pupil)
- causing personal injury to any person (including the pupil themselves)
- causing damage to the property of any person (including the pupil themselves)
- prejudicing the maintenance of good order and discipline at the Academy, and among any students receiving education at the Academy, whether during a teaching session or otherwise.

The act also defines to whom the power applies as follows:

- any teacher who works at the school
- any other person whom the Headteacher has authorised to have control or charge of pupils.

In this respect, within the Act specific mention is made of support staff, including teaching assistants and lunchtime supervisors.

The power to use reasonable force applies whether students are on Academy premises or elsewhere, as long as they are in the lawful control or charge of a staff member. This includes school visits.

Further guidance on this aspect of the Education and Inspections Act 2006 can be found on the DfE website at:

<https://www.gov.uk/government/publications/use-of-reasonable-force-in-schools>

A copy of the key guidance is also available on the Academy's VLE. Paper copies are available from the Designated Safeguarding Lead.

## **When is it reasonable to use force?**

At Thomas Deacon Academy, the use of force can only be regarded as reasonable if the circumstances of the particular incident warrant it. Physical force could not be justified where it could clearly be resolved without force.

The degree of force must be **in proportion** to the circumstances of the incident and the seriousness of the behavior or the consequences it is intended to prevent. Any force used should always be **the minimum** needed to achieve the desired result.

Factors influencing this judgment to use force include:

- the seriousness of the incident, assessed by the effect of the injury, damage or disorder that is likely to result if force is not used
- the chances of achieving the desired result by other means
- the relative risks associated with physical intervention compared with using other strategies.

In an emergency if a student was an **immediate risk** or on the point of inflicting injury on themselves or someone else, any member of staff would be entitled to intervene with reasonable force.

### **Guidelines on using physical control or restraint**

Before intervening physically, a member of staff should, wherever practicable, tell the student who is misbehaving to stop and what will happen if they do not.

Physical control or restraint of a student is a very last resort in re-establishing the student's self-control. Even at a late stage, it is possible that the right intervention may reduce the scale of the incident by:

- Calm talking
- Reassurance
- Non-threatening body language
- Humour
- Distraction
- Offering time out

Only in the event of the failure of these defined behaviour management strategies to control the situation should staff consider physical intervention.

Staff must calmly tell the student to "stop!" and warn them that physical control or restraint will be used if they do not stop. This warning must be given before any physical intervention.

To avoid any misinterpretations by anybody present, the member of staff must clearly state what they are doing and why they are taking this action during the period of control or restraint of the student.

Staff must only use force when necessary to resolve the incident: this should be the minimum force required, lasting for the shortest practicable time - the purpose should be restraint and the reduction of risk.

## Physical Control or Restraint Policy

Staff must not strike blows or retaliate against pupils: to do so would be to exceed the authorisation to intervene and create a significant risk of an allegation of assault being made.

The member of staff involved should tell the student constantly that re-gaining their self-control will release the control or restraint.

After the incident, the member of staff must inform the Designated Safeguarding Lead immediately and record full details of the incident using the Control and Restraint Record pro forma (see Appendix 1, p.5-7).

### **Avoiding injury to pupils**

Staff should not act in a way that might reasonably be expected to cause injury. This may include, for example:

- Holding a student around the neck, by the collar, or in any other way that might restrict circulation/breathing;
- Slapping, kicking, punching or hitting;
- Twisting or forcing limbs against a joint;
- Tripping or pinning to a wall;
- Holding or pulling hair.

Staff should not bar a student's way if they are trying to exit from the situation, unless their actions could place them or others in imminent danger.

### **Individual Identified Students**

If the Academy is aware that a specific individual is likely to behave in a way that may require physical control or restraint, a risk assessment and plan how to respond will be drawn up and circulated to the relevant staff.

### **Avoiding Injury to Staff**

Staff should not intervene if there is a risk of personal injury. They should call for assistance from the Academy's resident police officer and/or a member of the Senior Leadership Team.

### **Training for Staff**

All staff receive annual training on the Academy's Physical Control or Restraint Policy as part of the Academy's Safeguarding training programme at the start of the academic year. Colleagues joining the Academy throughout the year will receive the same training as part of their induction.

Training will be delivered by the Academy's resident Police Officer and be regularly reviewed in light of the latest guidance from the police and the DfE.

## **Dealing with complaints and allegations**

In situations involving the use of reasonable force to control or restrain pupils there is the possibility of an allegation being made. Any complaint should be directed to the CEO/Principal or Vice Principal who will ensure that the Academy's complaints procedures are followed.

## APPENDIX 1

**Report of an incident requiring physical intervention  
to control/restrain a student**

STUDENTS INVOLVED					
Name		TG		DOB	
Name		TG		DOB	
Name		TG		DOB	

DETAILS OF INCIDENT			
Day		Location	
Date		Staff member[s] involved	
Time		Staff member completing form	

WHAT HAPPENED?			
Reason for intervention [please tick appropriate box/boxes]			
Prevention of injury to student	<input type="checkbox"/>	Prevention of injury to another student	<input type="checkbox"/>
		Prevention of injury to a member of staff	<input type="checkbox"/>
Other [give details]			

WITNESS DETAILS			
Name		Name	
Position [TG if student]		Position [TG if student]	

COLLEGE LEADER/DIRECTOR TO COMPLETE			
		Please tick	
		YES	NO
First aid required?			
Hospital care required?			
Police informed?			
If police informed, is any further action proposed?			
Was counselling arranged?			
Action required			

Principal/Director/ College Leader signature		Date	
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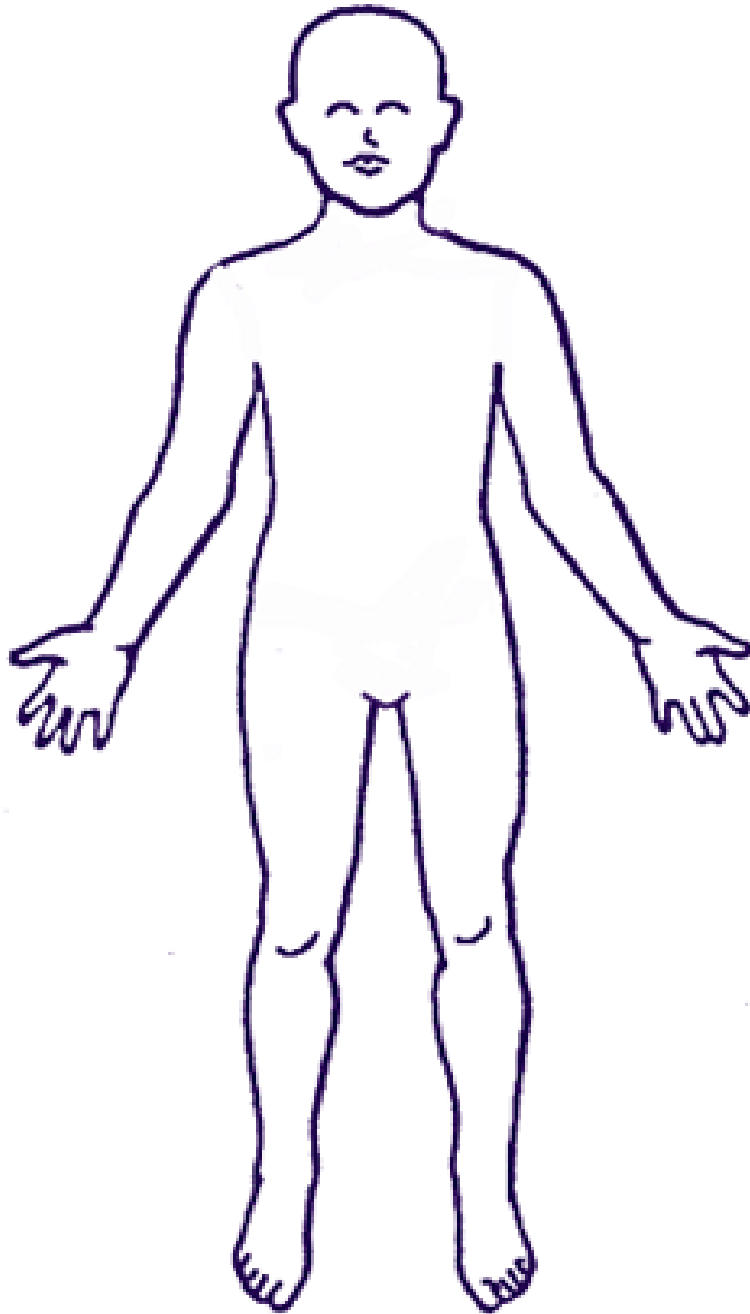
**DESCRIPTION OF INCIDENT**

**Please include the following details:**

- **How the incident began and progresses**
- **Details of the student's behaviour**
- **What was said and by whom**
- **The steps taken to diffuse or calm the situation**
- **The degree of force used and how it was applied, by whom and for how long**
- **Details of any injuries sustained and by whom**
- **The student's response and the outcome of the incident**

**BODY PLAN**

<b>NAME</b>		<b>YEAR</b>		<b>COLLEGE/TG</b>	
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<b>Signature of staff member completing form</b>			
<b>Date completed</b>		<b>Time completed</b>	
<b>Time telephone call made to parent/carer</b>			